



## Newsletter

June 2023

58 Osmaston Rd  
CARINE WA 6020  
Phone: 9378 5600  
Web: [www.carineprimary.wa.edu.au](http://www.carineprimary.wa.edu.au)  
Email: [carine.ps@education.wa.edu.au](mailto:carine.ps@education.wa.edu.au)  
**SMS 24hr Absence/Late:**  
(SMS Prior to 9.00am)  
**0408 092 347** – name, rm, reason

### APPS for School

CONNECT NOW – **INFO & Comms**  
QKR by MasterCard – **PAYMENTS**  
QUICKCLIQ – **Lunches, Uniforms**

### Voluntary School

#### Contributions

Kindy- Yr6: \$60 p/student p/yr

#### Excursions

1) **QKR App OR**

2) **Bank Transfer BSB 066 157**

**Acct: 009 00733**

Ref: (Use Student first initial & full surname)

### School Planning Days & Public Holidays 2023 **(NO school for Students)**

Fri 3 Nov – School Plan Day

Mon 6 Nov – School Plan Day

### CALENDAR

#### **Term 2 2023**

27 Jun – Lightning Carnival

#### **Term 3 2023**

Tue 25 Jul – School Cross

Country

1 Aug–3 Aug – Library Book

Fair - LARRIKIN

Tue 8 Aug – Interschool Cross

Country

Tue 29 Aug - Jumps, Throws,

400m Yr3-6

Wed 30 Aug – School

Athletics Carnival PP-Yr6

Thu 14 Sep – Interschool J&T

Fri 15 Sep – Interschool

Athletics

#### **Term 4 2023**

7-10 Nov – Yr 6 Camp

Tue 14 Nov – CSHS : Parent

Info

Thu 7 Dec – School Concert

Mon 11 Dec – Yr6 Grad

Dinner

## Kindy 2024 Apply Now

### From the Principal – Mike Black

It has been a very busy Term 2 and I am sure that all the children, like the staff, will be looking forward to a relaxing break. I hope that everyone will be able to enjoy some family time and that students will come back for Term 3 ready and raring to go. Term 3 begins on Monday 17 July. That's right Monday!! We do not have a School Development Day in Term 3.

### Students' reports

The students' Semester 1 reports are now being finalised and will be sent via Connect on Monday 26 June. All reports will contain information on academic achievement, effort and attitudes and behaviours. They will say what children are doing well and may give advice for further improvement. Please take the time to sit down with your children to discuss the report and to also set some goals for second semester.

### Assemblies

Since our last newsletter we have had two assemblies. Firstly, during Reconciliation Week, Year 3 Room 8 students read us the book 'We Are Australians' which talked about all Australians coming together as one with respect. We also really enjoyed their community song, "From Little Things Big Things Grow". Secondly, Year 2 Room 6 read some amazing poems about the pet that the students would like. The poems featured dogs, cats, rabbits and even elephants and cows. Very well done to both classes.

### A Big Thank You to the P&C

Late last term, the P&C held a Movie Night where the proceeds were to be allocated to buying some new sporting equipment. The event raised \$2800 and Mr Menzie got busy spending those funds so that the children can get the use of them straight away. Thank you.

### Carine students at the WA Govt Schools Music Society Event



### **Assemblies - Thursdays**

29 Jun – Room 10  
27 Jul – Rooms 15 & PP2  
10 Aug – Dem 1  
24 Aug – Dem 3 & Room 11  
7 Sep – Room 4  
21 Sep – Room 16  
19 Oct – Room 5  
2 Nov – Pre-Primary PPI  
16 Nov – Room 12  
30 Nov – Room 13  
14 Dec – Graduation Assembly

### **SCHOOL INFORMATION**

#### **School Times 2023**

Start of Day: 8.45am  
Recess: 11.00 – 11.20am  
Lunch: 12.50 – 1.30pm  
End of Day: 3.00pm

#### **Term Dates 2023**

T1: Wed 1 Feb – Thu 6 Apr  
T2: Wed 26 Apr – Fri 30 Jun  
T3: Mon 17 Jul – Fri 22 Sep  
T4: Mon 9 Oct – Fri 14 Dec

### **P & C INFORMATION**

#### **P&C Calendar**

#### **P&C Meetings**

#### **LUNCHES –**

#### **Mon AND Wed**

**Order ONLINE – by**

**8.00am Mon & Wed**

<https://www.quickcliq.com.au/>

#### **School Uniform**

**Order ONLINE:**

<https://www.quickcliq.com.au/>

#### **Education Security**

If you notice suspicious behaviour on our school site please call:

**1800 177 777 or**

**9264 4632**

### **Choir Performs at Crown Theatre**

On Wednesday, our school choir performed at a packed Crown Theatre as part of the West Australian Government Schools Music Society event. Our choir did our school proud with a stunning medley of songs, all with a 'Dance' theme. They sang beautifully and the dance choreography was brilliant. A huge congratulations goes to the choir. Of course, many thanks go to Miss Cvijic for her work in preparing the choir to such a high standard.

### **School CHAPLAIN**

As you will know, our school Chaplain, Mrs Robertson, is working in the school on Mondays and Tuesdays. Mrs Robertson's role in the school is to assist with students' social and emotional wellbeing. Much of the Chaplain's work is done informally, helping students with friendships, conflict resolution, resilience etc. This is done by interacting with students in the playground during recess and lunch breaks. She will also be working with selected year levels throughout the year delivering wellbeing programs. There will also be opportunities for students to speak to her on a more formal basis if they are experiencing a greater emotional need. In these circumstances, parents will be contacted for consent, and will be given feedback. Please understand that the school's Chaplaincy is a secular service. There will be no religious messaging in any discussion.

We are excited about having this service at the school to support our students' wellbeing. If you would like to discuss the possibility of your child seeing the Chaplain, please contact the school at [Carine.ps@education.wa.edu.au](mailto:Carine.ps@education.wa.edu.au). Please advise the school if you do not want your child engaging with this service.

### **Student Councillor Semester 2 Speeches and Voting**

Congratulations to our year 6s who have nominated for the role of Student Councillor for Semester 2. The speeches were truly amazing. Students were all superbly prepared and spoke with confidence and clarity. Voters were presented with a very difficult decision to make. The election was conducted by the Electoral Commission who ensured the process was authentic and fair to all. The successful candidates will be announced next week and formally acknowledged at Thursday's assembly.

### **Year 6 Student Councillor Nomination Speeches**





## ASSEMBLY Room 8



## ASSEMBLY Room 6



## Australia's Biggest Morning Tea

\$923.00 raised – great effort!





## P&C DONATED SPORTS EQUIPMENT

A big thank you to the P&C for providing sports equipment.



## Block C Internal Upgrade New Softfall and Chessboards



## You're Invited to our Larrikin Book Fair! ALL WELCOME !



Dates: Tue 1, Wed 2 & Thu 3 August  
Times: 8.15am – 8.45am  
AND 3.00pm – 3.45pm  
Where: School Library

Books Price Range: \$1.00 to \$25.00

*Payment via EFTPOS and cash*

*Thank you for supporting our book fair as every sale will benefit our school library.*

## ONLINE ORDERING NOW OPEN!



Head to [kapture.com.au](https://www.kapture.com.au) with your school code & student ID to place your sibling and class orders!

### ORDER SIBLINGS NOW

to avoid missing out!



**School Code  
ADJCQT**

<https://www.kapture.com.au/Order-Online>



# Carine Goes Green

## Welcome to the first Eco Warriors Newsletter for Carine Primary!

This month marks the 50th anniversary of World Environment Day, so it's a great time for reflection.

We hear about saving the planet; the word sustainability is used often! But what does it mean to be 'sustainable'? According to the Kids Britannica, "sustainability is the idea that humans must interact with the environment in a way that ensures there will be enough resources left for future generations".

What does that mean to us? We asked ourselves and these are some of the thoughts we have around this issue.

- "It means taking care of the environment".
- "It means to help the environment, animals and Earth".
- "Reduce, reuse, recycle".
- "Taking care of everything alive".
- "Stopping global warming".

Stay tuned for more sustainability news from the **Carine Eco Warriors**.



Hi Carine Families

It's been a good start to being part of the Carine team and I've enjoyed getting to know all students and staff.

I want to introduce myself as some of you may not know me. My name is Lize (the students call me Mrs Robertson), and I'm the new School Chaplain.

As a Chaplain I will work alongside the school leadership and student services team to provide pastoral care that supports the health and wellbeing of students, families, and staff in the school community. I am looking forward to the role I can play in contributing to a safe and welcoming environment for all students, ensuring students feel supported at school.

The last four weeks I have been introducing myself by doing class visits, supporting students in class and being available for support on the playground during recess and lunch. It has been a lovely to get to know the students and help them solve their social problems that arise on the playground.

I'm looking forward to the rest of the year ahead as we work together to nurture young people to be the best versions of themselves.

Have a good weekend. Thank you.  
Lize Robertson

# Is it the cold or flu?



**Colds** are very common and can be caused by one of 200 viruses. There is no vaccine for colds.



**The flu** is a highly contagious viral infection that is more severe than the common cold. A vaccine is available for the flu.

## Understand the symptoms

	Colds	Flu
Fever	Rare	Common
Cough	Common	Common
Sore throat	Common	Sometimes
Fatigue	Sometimes	Common
Loss of taste and/or smell	Sometimes	Sometimes
Body aches/pain	No	Common
Headache	Common	Common
Stuffy/runny nose	Common	Sometimes
Diarrhoea	No	Sometimes (in children)
Sneezing	Common	No
Vomiting	Rare	Common in children / Rare in adults

## Colds and flu treatments



Lots of rest



Avoid cigarette smoke



Plenty of water



Keep warm



Eat a healthy diet



Steam inhalation



Paracetamol or ibuprofen for fever, aches and pains



Saline nasal sprays or decongestants for a blocked or runny nose



Throat lozenges for a sore throat



**Do not use cough medicines for children younger than 6 years old**

## Colds and flu myths debunked

**Myth:** The flu is not a serious illness

**Fact:** The flu is highly contagious and potentially life-threatening

**Myth:** Vitamin C supplements can prevent colds and flu

**Fact:** There is no evidence to support vitamin C supplements preventing colds or flu

**Myth:** You can catch colds and flu from cold weather or getting caught in the rain

**Fact:** Colds and flu are caused by viruses, not by wet climates or being exposed to cold air

**Myth:** Colds and flu can be treated with antibiotics

**Fact:** Antibiotics only work against bacteria, not viral infections

**Myth:** Healthy people don't need to be vaccinated

**Fact:** Everyone over the age of 6 months should be vaccinated every year

**Myth:** Having the flu vaccine during pregnancy will harm the baby

**Fact:** The flu shot is safe for pregnant women at all stages of pregnancy

## Groups at high risk of catching the flu



Elderly



Pregnant women



Aboriginal and Torres Strait Islander people



People with existing medical conditions

## Flu vaccination



Annual vaccination is your best protection against the flu and any associated illness



The flu vaccine is **FREE** under the National Immunisation Program (NIP) Schedule for people at high risk



Visit your doctor, pharmacist or other vaccination provider



### Experiencing symptoms?

Use healthdirect's Symptom Checker to get advice on what to do next

[healthdirect.gov.au/symptom-checker](https://healthdirect.gov.au/symptom-checker)

# PARKING



## SAFE PARKING at SCHOOL

### Message from The City of Stirling

### Safe parking at schools

Unlawful parking in school areas is a major safety hazard that poses a risk to children, pedestrians and other road users.

### School parking

It is an offence to stop or park a vehicle:

- In No Stopping or No Parking areas
- So that it obstructs a footpath
- On a verge without the owner's consent
- Facing the wrong way
- So that it is double parked
- Within three metres of a continuous dividing line or median strip
- Within 10 metres of an intersection/corner (without traffic control signals)
- In a manner that blocks a driveway
- On a median strip or traffic island
- So that any portion is within a bus zone.

Please be aware that infringements may be issued for these offences.

### How can parents help?

- Walk or cycle to school when dropping off or collecting children
- Park nearby and walk a short distance to the school
- Plan your trip so you arrive on the school side of the road
- Avoid leaving your vehicle for long periods
- Follow signage at all times
- Use public transport
- Slow down around schools and be aware.

# Carine Primary School

## Independent Public School

### Board Members 2023



**Helen Maurice-Jones – Board Chairperson** - I have a bachelor's degree in business management from Manchester Metropolitan University and 20 years' professional experience in Project Delivery, Process Improvement and Risk environments. I have worked in a range of industries including, Banking, Mining, Imports and Pharmaceuticals. I have lived in three different countries and seen the difference education and well-being can make on a child's life.

I am a full-time working parent of two amazing children at Carine Primary School. I am passionate about education and I believe my previous knowledge and experience will bring value to the Carine Primary School Board by applying my operational and risk, crisis management, process improvement, return on investment, policy adoption, change and communication experience to the school and its community. I believe in quality staff differentiating to improve student achievement and well-being.



**Michael Black – Principal** - My career in education began in 1985 when I accepted a teaching post to the small mining town of Kambalda West. For the next twenty years, I taught in several schools both country and metropolitan, as well as some time teaching in England and Japan. In the late '90s I was posted to North Beach PS and spent the next twenty years as a teacher, then Deputy Principal and eventually A/Principal. In 2017, I was appointed Principal of Mullaloo Beach Primary School and now I am very happy to be at Carine Primary School.

My philosophy has always been that the building of strong, positive and respectful relationships is the cornerstone of all good schools. I am also passionate in my belief that every child can be a successful learner and we must work to develop our students academically, creatively, physically and emotionally in partnership with our community.



**Megan Salom –** I have been practicing in the field of Landscape Architecture since 2003, with a focus on Connection to Country, community development and environmental design. I am a registered Landscape Architect, with a Bachelor of Landscape Architecture (UWA) and have worked in the private sector, Local Government Authority (City of Perth), as well as an Adjunct Lecturer at UWA School of Design. I have been involved in a wide range of project typologies including Education, Public Realm, Master planning and Landscape restoration. I have gained experience in design thinking and problem solving, project management, stakeholder engagement, procurement, and project delivery. I have also recently joined AILA's National Connection to Country Committee, to continue to build cultural awareness and respect when working on Country.

I am passionate about the crafting and design of outdoor spaces to support the well-being, learning and curiosity of children, of all abilities and ages. I have enjoyed being part of the CPS P&C Outdoor Project Sub-Committee, helping identify P&C funding opportunities relating to the enhancement, upgrade and/or expansion of CPS outdoor play and learning spaces.

I have been a parent at Carine Primary School since 2016, with my second child in Year 5. I feel positive and excited about the direction of the school and look forward to the opportunity of being part of the School Board.





**Cassie Guy** - I am lawyer with over 10 years' experience specialising in commercial litigation and insolvency. I act for a variety of clients including financial institutions, professional advisors, large commercial organisations and individuals with disputes varying from small claims to large multi-million-dollar contracts. Through my legal career, I have become a critical thinker, strategic problem solver and excellent negotiator and advocate. In 2020, I commenced further tertiary studies at the University of New England, embarking on a Master's in Business Administration. Through my studies, I am gaining management and corporate governance skills that can benefit the Carine Primary School Board through measured decision making, open and honest communication and a commitment to planned outcomes.

I was born and raised in Western Australia and have lived in Carine since 2017. My two children currently attend Carine Primary School and I am lucky enough to have flexible work hours to enable me to spend more time with my children through their education, social events and their sporting commitments. I also maintain my own sporting commitments, social and professional networks. I am an energetic and committed person and look forward to working with the Carine Primary School Board to achieve its goals and vision.



**Leanne Vardy** - As a Deputy Principal, I bring to the School Board a strong contextual knowledge of the school community, having been at Carine PS for several years as a class teacher, Deputy Principal and Acting Principal. One of my key responsibilities is with Student Services, coordinating an early intervention team approach together with staff, parents, Departmental and outside agencies to meet the needs of students at educational risk. As the Primary Extension and Challenge (PEAC) Coordinator, I liaise with the North Metro Regional PEAC team to create opportunities for the most able students identified through regional assessments in Year 4 and incorporating the Early Years Extension Program for Years 1 to 3. I have strengths in classroom management and curriculum and my collaboration with colleagues and the school community reflects the school focus of quality teaching and high expectations to improve student progress.



**Leanne Carville** - I have taught for many years in a range of schools from the Kimberley Region to a selection of schools in the metropolitan area. At present my main areas of interest are Literacy and Numeracy and I have held specialist positions in Maths, Science, Art and Physical Education. In the past I have also run individualised school-based literacy and numeracy intervention programs for students who were below the required benchmarks. I know that Literacy and Numeracy affects all learning areas and our students need to acquire these important skills if they are to achieve success in their schooling, as well as in their lives well beyond school.

I am involved in using portable learning technologies to enhance the quality of curriculum delivery. I look forward to a continuing successful and rewarding career in a good school within our public school system.



**Hayley Neale** - On completion of a Bachelor of Education at Edith Cowan University, I began my career with a country placement for a year at a small school in Esperance. I currently teach a Year 4 class at Carine Primary School. As a diligent, enthusiastic, and resourceful teacher, I enjoy sharing ideas and networking with teaching professionals. A particular interest of mine is contributing to the continuously evolving state of education by regularly mentoring and guiding student teachers during their practicum placements; in the hope they will become the high calibre teachers of the future.

I believe that students' mental health is essential to set them up to be resilient and positive young adults. I have completed Psychology units at Edith Cowan University to further my understanding of the cognitive development for learning as my aim is to inspire children, ensuring each child develops to their personal best - through a positive and effective teaching style.



# Kindy 2024 Apply Now

(Children born between 1 July 2019 to 30 June 2020)

Applications to enrol children entering Kindergarten in the 2024 school year are available online at [www.carineprimary.wa.edu.au](http://www.carineprimary.wa.edu.au) under the Enrolment tab. If you live in the local intake area for Carine PS the 4-page Enrolment Form needs to be completed and returned, along with proof of address, birth certificate, immunisation records and if applicable, passport with visa and health information. If you live outside of the local intake area the 1-page Application Form needs to be completed with the above documentation. Apply by Fri 21 July 2023.



## IMPORTANT SCHOOL INFORMATION

### SIGN OUT of STUDENTS

If you need to sign students out of school for only necessary appointments, please allow time and AVOID morning recess and lunch break times as Admin will not be able to locate a child in the playground. For your information - Morning Recess = 11am - 11.20am / Lunch Break = 12.50pm – 1.30pm

### PAYMENTS for Excursions

Payment for Excursions need to be made by the DUE DATE requested. We want all students to attend excursions and not be repeatedly asked to bring in payment and parent authorisations. Please pay by the Qkr App.

### SPOONS, FORKS for LUNCHES

Please ensure your child has the necessary cutlery for their lunches as the school does not stock these items.

### LEAVE GROUNDS AFTER SCHOOL

Please leave the school grounds once you have collected your children after the 3.00pm finish time. Perimeter gates are locked after school.

### STUDENT ABSENCES

If your child is or will be absent from school, please use the 24Hr SMS Absence Line – **0408 092 347.**

## STUDENT MESSAGES

Please let your child know where a parent or other adult will be picking them up at the end of the day. Messages to students during the day are disruptive to teachers and students and we ask that they be limited to an essential nature only.

## 2023 School Voluntary Contributions and Charges

The Schedule of Contributions and Charges for 2023 can be found on the Carine PS website <http://carineprimary.wa.edu.au/wp-content/uploads/2022/10/Contributions-and-Charges-Schedule-2023.pdf> - Please pay your voluntary contributions of \$60.00 per student per year via Qkr.

## HOW TO MAKE PAYMENTS to Carine PS

### Voluntary Contributions, Excursions and School PAYMENTS

- School payments should be via the Qkr by MasterCard APP – use correct year level & room number.
- If paying via Bank Transfer, please use the reference: -
- your child's first initial & surname & reason for payment *eg J Citizen-school contrib*

Payments			
1.	Qkr (Preferred)	Qkr by MasterCard APP	Information about Qkr and how to set up student profiles is in the <b>CONNECT</b> LIBRARY.
2.	Bank Transfer	Carine Primary School Voluntary Contributions	BSB: 066 157 Account: 00900733 Ref: Child First Initial & Surname
3.	EFTPOS Machine	School Admin Office	
Payments to School – NO CASH			

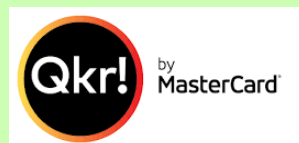
## APPS Parents NEED on MOBILE PHONE or TABLET for SCHOOL COMMUNICATIONS, PAYMENTS & LUNCHES

Please ensure you have the following APPS on your phone :-

**CONNECT NOW – INFO & Comms**



**QKR by MasterCard – PAYMENTS**



**QUICKCLIQ – Lunches, Uniforms, P&C Events (via ONLINE)**





### **IMPORTANT** - To ensure correct QKR payments, please:-

- UPDATE your child's/children's ROOM NUMBERS EACH YEAR (under 'Profile/Manage Profiles')
- You must SET UP a PROFILE for each CHILD at Carine PS (needed for payments & digital permissions)
- When paying for school events, ensure you pay the EXACT AMOUNT and CORRECT ITEM for the RELEVANT CHILD.

## **Star Students**



Ruby won the U15 Category in the Australian National Cyclocross series held in Perth. This was a double race weekend and Ruby won both these races and is now leading the National series overall. Ruby is currently the WA State Champion and hopes to compete in the National Championship later this year in Ballarat, Victoria.



Daniel and Jessica, years 5 and 3, are both acting in the '**Stirling Players' production of Seven Little Australians**', a musical running for 10 performances over 3 weeks in July. Daniel and Jessica are key members of the cast and are practising 9 hours a week to present a great performance.

Seven Little Australians plays at 7.30pm - July 7, 8, 13, 14, 15, 20, 21 and 22 with 2.00pm matinees July 9 and 16. Tickets are \$25, \$23 concession and \$20 members – book at [trybooking.com/CDWVR](https://trybooking.com/CDWVR) - Stirling Theatre is at 25 Morris Place, Innaloo.

## **News from Your P&C**

### **The 2023 Premier's Reading Challenge**

Students from Kindergarten to Year 10 are invited to uncover great mysteries through the world of books for the Premier's Reading Challenge. The challenge is to log 12 or more book titles during the challenge. This year we have new and more extraordinary prizes for our readers.

The 2023 challenge runs from Monday 8 May to Friday 8 September 2023.

<https://www.premiersreadingchallenge.wa.edu.au/>

# School Uniforms

## UNIFORM SHOP

## ORDER & PAY VIA QUICKCLIQ



Ordering during the school year

- Order via Quickcliq <https://www.quickcliq.com.au/>
- Orders will be delivered to your child's classroom – usually during the following week.
- Uniform Ordering Information and Pricing: See Carine PS website

**VOLUNTEERS to assist with the Uniform Shop are always welcome!**

Sam Daniel, COORDINATOR

[uniformshop.carinepandc@gmail.com](mailto:uniformshop.carinepandc@gmail.com)

## COMMUNITY

Name	Activity / Dates	Website	Contact
<b>July School Holidays - Stirling Leisure Centres</b>	Basketball, Soccer, AFL, Cricket, Toddler Gym, Arts & Crafts, Cooking and more	<a href="https://stirling.wa.gov.au/schoolholidays">stirling.wa.gov.au/schoolholidays</a>	
<b>School Holiday Program – City of Wanneroo</b>	Kingsway Indoor Stadium – soccer, basketball, netball, dance, acrobatics, art & craft	<a href="https://wanneroo.wa.gov.au">wanneroo.wa.gov.au</a>	9405 5236
<b>Kids Holiday Club</b>	Egyptian Adventure K-Yr6 11-14July	<a href="https://www.duncraigccc.com.au">www.duncraigccc.com.au</a>	
<b>Holiday Program</b>	Crafts, games, songs – 3-7July	<a href="https://kingsclub.nbbc.org.au">Kingsclub.nbbc.org.au</a>	
<b>Sorrento Football Club</b>	Girls Clinic Yrs 8-12 on Tue 11July	<a href="mailto:beljmilne@gmail.com">beljmilne@gmail.com</a>	
<b>Code Camp</b>	Coding, Animation	<a href="https://codecamp.com/au/flyer">Codecamp.com/au/flyer</a>	
<b>Holiday Program</b>	Mixed Martial Arts from 3yrs to teens	<a href="https://www.ammagym.com.au/">https://www.ammagym.com.au/</a>	
<b>Creative Program</b>	Health and wellbeing ages 7-13yrs	<a href="https://events.humanitix.com">events.humanitix.com</a>	0437 519 767
<b>Soccer X</b>	Wednesdays 3-4pm 8 weeks starting 2Aug, Osmaston Reserve	<a href="https://www.sports-x.com.au">www.sports-x.com.au</a>	
<b>Stirling Players, Theatre Performance</b>	Seven Little Australians – Various dates in July – 2 Carine PS students performing.	<a href="https://trybooking.com.au/CDWVR">Trybooking.com.au/CDWVR</a>	