CARINE
PRIMARY SCHOOL
OUR BEST ALWAYS

Newsletter

Issue 1: 24 February 2020

58 Osmaston Rd
CARINE WA 6020
Phone: 9447 4266
Web:www.carineprimary.wa.edu.au
Email:carine.ps@education.wa.edu.au
INFO - CONNECT NOW APP
PAYMENT-QKR by MasterCard APP
SMS 24hr Absence/Late:
0408 092 347– name, rm, reason

Voluntary School Contributions

Kindy- Yr6: $60 p/student p/yr

Excursions

1)QKR App or
2) Bank Transfer BSB 066 157
Acct: 009 00733
Ref: (Use Student first initial & full surname)

CALENDAR

Term 1
17-28Feb – Interm Swim PP-Yr6
3Mar – Faction Swimming Carnival
31Mar – Interschool Swim Carn
Term 2
5May – Jogathon
12-22May – NAPLAN
1Jul – Winter Sport Lightning Carnival

School Planning Days & Public Holidays

(NO school for Students)

Mon 2 Mar – Public Holiday
Mon 27 Apr – Public Holiday
Tue 28 Apr – School Plan Day
Mon 1 Jun – Public Holiday
Fri6 & Mon 9Nov– School Plan Day

SCHOOL ASSEMBLIES

Term 1	Term 2
27Feb - Rm 8	7May - Rm 15
12Mar - Rm 4	21May - Rm 7
26Mar - Rm 3	4Jun - Rm 6
9Apr- ANZAC	18Jun - Rm 10
	2Jul - Rm 5

SCHOOL INFORMATION

School Times

Start of Day: 8.45am
Recess: 10.25 – 10.45am
Lunch: 12.15 – 12.55pm
End of Day: 3.00pm

Term Dates 2020

T1: Mon 3 Feb – Thu 9 Apr
T2: Wed 29 Apr – Fri 3 Jul
T3: Mon 20 Jul – Fri 25 Sep
T4: Mon 12 Oct – Thu 17 Dec

Kindy 2021 apply now

From the Principal

Welcome to 2020 School Year

The school has had a great start to the new year. There have been some staff movements in different year levels and everyone has adjusted very quickly. Our team is focussed on being the best we can be and everyone is here to give our students the most opportunities to learn to be good citizens, good friends and good in acquiring new skills in literacy and numeracy so they can engage effectively in building on their skills and knowledge.

P&C AGM

At the P&C AGM office bearer vacancies were filled to give us a strong P&C executive team. Congratulations to Nicky Suckling who stepped up to be the P&C President and to all those elected. It looks like a really positive group of hard working volunteers will again establish strong and productive partnerships with our school. Last year the P&C committed funding to several resources for our school. P&C volunteers organised lots of events including the Mothers and Father's Day Stalls, Cake and Coffee Stalls at the faction carnival, Sausage Sizzle & Pizza lunch days, Ice-cream Days and the ever popular evening Disco. Thank you to all involved and to all the parents who support our very hard working P&C. All our students benefit and your support of the P&C is critical. Volunteers are always needed to assist the P&C in coordinating all the wonderful events for our school so please offer your time whenever you can.

Carine SHS Students 2019 Visit

P & C INFORMATION

P&C Calendar
16Mar - Sausage Sizzle

P&C Meetings
Tue25Feb- Gen Mtg 7.30pm

Wednesday Lunches
Order ONLINE:
www.flexischools.com.au
(Ordering cut off time is 8.00am Wednesday)

School Uniform
Order ONLINE:
www.flexischools.com.au
(Store open by appointment only)

School Banking for Students
Fridays 8.15am – 8.45am

Education Security
If you notice suspicious behaviour on our school site please call:
1800 177 777 or 9264 4632

Room 14 Assembly

Teacher-Parent Class Meetings
Many classes have already had their parent class meetings which have been productive and very well attended. Teacher and parent feedback has been very positive. All of our new students including Kindy are settling in well and their teachers have been very impressed with how well prepared they have been. We know they will all be wonderful Carine Kids!

Carine PS Board Vacancy
As per the Connect notice last week, all parents are reminded that we currently have a parent representative, Mrs Pippa Couper, whose term is up on our School Board. However, as with all members whose term lapses, Pippa is eligible to reapply and go through the election process.
The Board supports us to achieve our vision which is, "Quality teaching differentiating to improve student achievement and well-being."
As always, we are looking for representatives with strong community and/or business links to represent our primary school's best interests and to support us to reach the targets we have outlined in our latest Business Plan which is on the school website. Parents with Maths and Science links and those working in the Mental Health and Well Being area would bring highly relevant skills to our Board.
If you are interested in joining our Board, please contact me so we can meet to share further information about what the role entails. The Board Chair, Mrs Fiona Moore is also happy to assist.

Anne Fraser

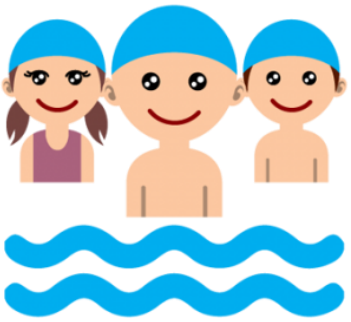
Student Councillors Semester 1 2020

Congratulations to our Student Councillors: -
BOYS = Owen C, Damian C, Tyler Mac, Thomas C
GIRLS = Laura G, Mackenzie B, Asha K and Cleo R

Faction Captain Year 6 Student Nominations for Semester 1 2020

Last week Year 5 and Year 6 students listened to the Year 6 nominees' speeches for faction captains. Voting took place and positions will be announced early this week.

Senior Faction Swimming Carnival Years 3-6 - Tuesday 3 March

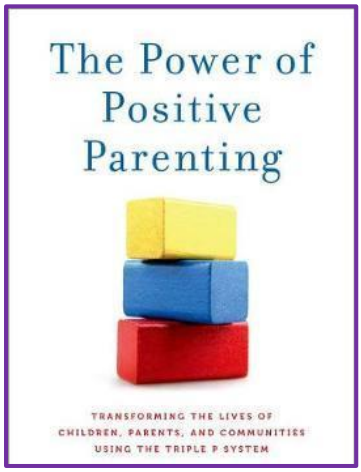


Students in Years 3-6 will be involved in the Senior Faction Swimming Carnival at Venues West HBF Challenge Stadium, Mt Claremont. The two-page program of events has been sent on CONNECT and all participating students will be notified of their races during Phys-Ed classes this week.

We look forward to seeing all students striving to do their best and representing the school with excellent sportsmanship throughout the day. All parents and friends are welcome to attend as spectators – $2.00 fee and use the front entrance of HBF Stadium.

Tamsyn Black
Physical Education Specialist

SCHOOL PSYCHOLOGIST



2020 is well underway and it's good being back at Carine PS seeing so many young, happy faces, excited to be back at school with their friends, making new friends and learning new things.

I work in several schools in the North Metropolitan Region and visit Carine Primary School every week. I work with teachers, parents and students in areas such as learning, behaviour, mental health to mention just a few.

I'm offering Triple P parenting seminars again in the school for parents with children Kindy to Year 3. Everyone is invited. The seminars are informative and the discussions are lively. People have come away from my sessions saying things like: "non-judgemental, helpful, friendly, engaging, informative..." I would love to see you there! I get mums, dads, grandparents and others, as it takes a village to raise a child!

Forms have been sent on CONNECT **OR** see the end of the newsletter **OR** collect from the Admin Office.
Seminar One: The Power of Positive Parenting. Wed 4 March, 8.45-10.45am - please be prompt as sessions are jam packed!

Luciana Carelli

ADMINISTRATION

Kindy 2021

(Children born between 1 July 2016 to 30 June 2017)

Applications to enrol children entering Kindergarten in the 2021 school year are available online at www.carineprimary.wa.edu.au under the Enrolment tab OR from the Admin Office. If you live in the local intake area for Carine PS the 4-page Enrolment Form needs to be completed and returned, along with proof of address, birth certificate, immunisation records and if applicable, passport with visa and health information. If you live outside of the local intake area the 1-page Application Form needs to be completed with the above documentation.

Please submit applications by the end of Term 2 - Friday 3 July 2020.

2020 Voluntary Contributions, Excursions and School Payments

- **The $60.00 per student per year payment can be made now.**
- ***Qkr by MasterCard APP*** is the preferred payment option.
- If paying via Bank Transfer, please use the reference: -
  your child's first initial & surname & reason for payment *eg J Citizen-school contrib*

Payment Options			
1.	**Qkr**	**Qkr by MasterCard APP**	Information about Qkr and how to set up student profiles is in the **CONNECT** LIBRARY.
2.	**Bank Transfer**	**Carine Primary School Voluntary Contributions**	**BSB: 066 157** **Account: 00900733** **Ref: Child First Initial & Surname**
3.	**EFTPOS Machine**	**School Admin Office**	
4.	**Cash**	**School Admin Office**	

SCHOOL NURSE

Government of Western Australia
Child and Adolescent Health Service
WA Country Health Service

colour blindness

Children who are colour blind can see as clearly as other people, but can't tell the difference between some colours or see colours differently from other people.

Very few people who are colour blind are 'blind' to all colours – most often they see red and green as very similar.

It's good to know if a child is colour blind because he may have difficulty at school with activities that use colours, such as drawing and sorting blocks, and with computers.

When do children know colours?

- Very young children can see the difference between colours if they are not colour blind. They do not see colours very well at first but soon begin to like colours, especially bright colours.
- However, children under about 4 years may not understand that a green ball is the same colour as green grass. They can be confused when we use the same describing word for 2 very different things.
- Children need more understanding of things like colours, shapes and sizes to 'see' that different things can be the same colour.
- Many children are able to recognise and name colours by the time they are 4 years old.

What is colour blindness?

In the retina at the back of the eye – the part of the eye that picks up light coming in – there are 2 types of cell, 'rod cells' and 'cone cells'.

- Rod cells work in low light but they do not 'see' colours. At night, our rod cells allow us to see things around us, but only in shades of grey and white.
- Cone cells react to daylight and they help us to see the detail in objects. They also pick up colours.

  There are 3 types of cone cells: ones that pick up red light, others green and others blue.
- By combining the messages from each set of cone cells, we get the wide range of colours that we can normally see.
- If one or more of these types of cone cells is faulty, a person can be colour blind.

How do I know if my child is colour blind?

It can be hard to tell if children are colour blind as they won't know that they have problems with their colour vision. Some children will seem to know their colours because they've been taught that a strawberry is red and that grass is green.

If your child seems to have trouble identifying colours after the age of four, such as sorting objects by colour or colouring in, talk to your doctor or community health nurse.

Who is colour blind?

Colour blindness is usually inherited. If you have inherited colour blindness, it won't get any better or worse.

Most people inherit colour blindness from their mother, who is a carrier but is probably not colour blind.

Around 8 in every 100 boys, but only 4 in every 1,000 girls, have some level of colour blindness.

Why is it a problem?

- Many daily activities, such as choosing food or reading involve colour. People who can't see the difference in colour have to rely on other differences, which may be harder to pick.
- In the classroom, teachers use colour for contrast, sorting, marking, and even to provide an attractive environment. A young child with colour vision problems might have to sort coloured coded blocks by size differences alone.
- Colours are often used in print and on computer screens to highlight important words. The only way some children may know that the words are important is if the shade is slightly lighter or darker.
- It can be hard to tell if fruit is ripe, meat is properly cooked, or if the sauce is tomato or chocolate. Some foods, particularly green vegetables, can look repulsive to colour blind children.
- Pedestrians and drivers may only be able to tell red and green traffic lights apart by their position (red above green). In normal daylight this may be easy, but can be very difficult on a dark, wet night.
- There are some jobs that are hard or unsafe for people with colour blindness, such as where wiring or warning lights are colour coded.

What you can do

- Test all the boys in your family if there is a history of colour blindness. This testing is easier to do once your child starts to know numbers (around the time that he starts school).
- If people on both sides of the family have colour vision problems, also test all the girls.
- Ophthalmologists (eye specialists) and optometrists (opticians) can test for colour vision. Some school health services and some doctors can also test children's colour vision.
- After a colour vision problem is found, your child may need more tests to tell exactly what the problem is.
- There are online sites where you can check for colour blindness, but it is best to get your child checked by a health professional.

Helping children who are colour blind

- It usually helps children to know why they are having problems when others are able to do something easily. They may believe that they are 'stupid', when their eyes just work differently to others. Talk to your child about being colour blind, how to explain it to others, and keep supporting him at school and at home.
- Tell the school – if teachers know your child is colour blind, they can choose ways of teaching and learning that do not need him to pick colour differences.
- When your child is old enough to read, label coloured pencils and other objects so that he can choose the 'right' one. Ask his teacher to do this in the classroom too. This can help your child avoid being embarrassed or teased.
- Check out support groups and websites for colour-blind children and their families – see below.

For more information contact

- **Local school health nurse**
- **Local family doctor or optometrist**
- **Colour Blind Awareness and Support Group**
  members.optusnet.com.au/~doverton
- **Raising Children Network**
  www.raisingchildren.net.au
- **HealthyWA**
  www.healthywa.wa.gov.au

This document can be made available in alternative formats on request for a person with a disability.

This publication is provided for general education and information purposes. Contact a qualified healthcare professional for any medical advice needed.

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P&C News

P&C General Meeting – Tuesday 25 February 2020 – All Welcome

Date:	Tuesday 25 February
Time:	7.30pm – doors open 7pm
Venue:	Carine PS Staffroom

All members of the Carine PS community are welcome to attend. The more members our P&C has, the greater ideas and fundraising opportunities for our P&C – **Please Note**: to become a financial member of the P&C and be eligible to discuss and vote on motions there is a $1 joining fee.

Sausage Sizzle News

We are moving to online ordering
Term 1- **Monday 16 March 2020**
Place Your Orders Now!

It's Sausage Sizzle time

- Take advantage of a great alternative to a packed lunch and support the P & C fundraising!
- We are moving to online ordering, this change will dramatically reduce the workload of our volunteers. We appreciate your help to change to Flexischools
- If you already have an account for canteen just log in, you will see the new sausage sizzle food option
- You can also download the Flexischools App (If using the App swipe the food icon left from the home page to see all items)

See the menu and order at flexischools

- Single sausage in a bun with a fresh apple and a 100% juice popper
- 2 sausages in buns with a fresh apple and a 100% juice popper
- Vegetarian, gluten free variations and sauce options also available

Please **order ONLINE** at Flexischools

https://www.flexischools.com.au

ONLINE **orders close at 3.30pm on Friday 13 March 2020**

No cash orders at this time

Mark your calendar 16-3-20 to not pack lunch that day ☺

"Thank you for your support"

☺ **If you would like to volunteer to help or have any questions, please contact: grant@waycool.com.au**
We could sure use a few more helpers to make all these lunches.

School Uniforms

- **<u>Ordering during the school year</u>**
  - Order via **FlexiSchools online** https://www.flexischools.com.au/ and have the orders delivered to your child's classroom.
- To arrange an appointment if necessary, call Marissa on 0424 860 222.
- Uniform Ordering Information and Pricing see the Carine PS website - http://carineprimary.wa.edu.au/wp-content/uploads/2019/10/Uniform-Shop-Ordering-Info-Sheet.pdf

Marissa Jenkins - marissajenko@gmail.com
COORDINATOR

<u>FREE</u> SEMINAR for CARINE PS PARENTS

Triple P Positive Parenting Program

All parents and carers of students in Kindy – Year 3 are invited to attend a free Triple P (Positive Parenting Program) seminar at Carine Primary School this term.

The Power of Positive Parenting
This seminar introduces parents to the five core principles of positive parenting;

1. Ensuring a safe, engaging environment
2. Creating a positive learning environment
3. Using assertive discipline
4. Having realistic expectations
5. Taking care of yourself as a parent

The seminar will be facilitated by our School Psychologist Luciana Carell and includes a presentation and discussion/ question time.

Triple P is designed to give parents the skills they need to raise confident, healthy children and to build stronger family relationships. Triple P doesn't tell people how to parent. Rather, it offers simple and practical strategies that parents can adapt to suit their own values, beliefs and needs.

When: Wednesday 4 March

Time: 8.45-10.45am

Venue: Carine Primary School – Conference Room

Cost: Free – however bookings are essential.

Registrations can be made by completing the form below and returning it to the Admin office.

✂----------

REGISTRATION FOR TRIPLE P POSITIVE PARENTING SEMINARS - TERM 1 2020

Name of Parent(s)/ Carer(s) wishing to attend:

Surname_____ First Name_____ Mobile _____

Surname _____ First Name_____ Mobile _____

Email: _____

Postal Address: _____

Name of Child/ren: _____ ***Year level*** _____

_____ Year level _____

_____ Year level _____

Please return your registration form to Carine PS <u>before Friday 28 February</u>

COMMUNITY

Name	Activity / Dates	Website	Contact
Hale School Scholarships	Applications close 16Mar20	www.hale.wa.edu.au	9392 7817
School Sport WA	Trials for State Schoolboys & girls AFL team	https://www.schoolsportwa.com.au	9264 4879
North Beach Rugby Club	Register online	Email: enquiries@nbrlfc.com.au	
Sorrento Football Club	Registrations open	Email: sfcgulls@gmail.com	0409 944 859
Woolworths	Recycle Lion King Ooshies info	Teracycle.com.au	