FROM THE PRINCIPAL

Responsible Use of Social Media
An important message for ALL parents of Carine Primary School

Recently, it has come to our attention that some of our students have been joining social media groups and obviously using them unsupervised which has resulted in inappropriate use. These issues are happening away from the school, in homes where parents should be in control. I would urge parents to start talking to each other and more importantly, as a group, to work to stop the unsupervised access that is happening, as that is clearly a parent responsibility.

My teachers and I will continue to teach the Cyberbullying message and the ramifications of posting anything in an online environment. However, when we find out that some parents are not doing their jobs in either banning child access to the sites completely or limiting screen time to when they are there to supervise, it makes it extremely hard for us to send an effective message to our students, no matter how constantly we repeat it.

As parents I think it’s extremely important to be vigilant, to limit devise usage and to absolutely not allow devices in bedrooms or away from parent supervision. I seriously question the need for access to chatlines and Instagram and similar in children so young and vulnerable. The damage it can potentially cause to young impressionable minds is huge.

Assembly Rm 8
It is not just about what the children post, but what they can access, a lot of which is just vile and pornographic. I checked with the police and the posting of what I label offensive and extremely crude pornographic comments, is apparently not in and of itself, illegal.

However, when young children are constantly viewing these comments on the sites they are accessing to communicate, they are in danger of becoming normalised to these ideas if they are seeing them over and over again. Adults who see this stuff have the capability and maturity to delete it and move on but that is a big ask for 10-12 year olds and that is the age group we know who are using online sites to communicate.

The following suggestions are adapted from a school in Houston aimed at Year 12 students. There are some good ideas but our students are only in Year 6 so the level of supervision and permissions from parents needs to be a lot stronger than these. Nevertheless, I have reproduced them (in italics) below as a guide:

- Talk to your children about social media, but remember, a blanket policy of ‘No’ rarely works. (In students as young as ours, constant supervision is a must if you are going to allow access).
- Adopt a policy of screens to be seen in your home (no hidden screens, no screens in bedrooms).
- Inform your child that social media is never private. You give up control of the content the second you post it. Others might take screen shots, it might be passed on, other people, including adults, might be watching the group chat.
- Talk about the fact that Universities and employers increasingly scan your social media presence before offering places or jobs. This is becoming far more common place. Never post anything you would not want a university or future employer to see.
- Educate yourself on social media platforms that your child may be using.

If you notice something inappropriate on social media about another child, please consider letting their parents know. Our advice here would be to avoid emotion or blame, and to deal with specifics (preferably with evidence you can share) and not rumours. If in doubt, ask yourself, would you want to know if it concerned your child?

Please work together to monitor your child’s online presence. Please be there with them when they are using any online forums and, most importantly, please help us to preserve their childhoods and to get them playing and talking to each other face to face as young children should.

We hope you will join us for the Interschool Carnival this week up at The Joondalup Arena and I thank all those parents who brought their concerns to me directly, regarding our own faction carnival. Everything we do is always up for review and we met as a whole staff and put contingency plans in place for next year and beyond, should the BOM weather forecast be for really wet and inclement weather. Now that BOM is a lot more accurate and that we have an efficient and instant communication channel to every parent via our App and email, we will be able to reschedule a back-up day if the weather forecast is not suitable. Like you, we look forward to a more community based faction carnival next year in better weather.
Finally, I would like to take this opportunity, on behalf of all my staff to wish Trudy, our Manager Corporate Services, a very happy retirement as this will be the last newsletter before she leaves us to take up a life of leisure. Trudy joined Carine Primary School in the front office in 1988 and has put in a very dedicated 28 years of service managing our front office and Finances. We wish you all the best in the next phase of your life Trudy. In reviewing the last 28 years in the Education Department, it is just incredible how much your job has changed over time. However, some things have always remained constant and they are your determination to ensure that our funds are appropriately managed, our buildings and grounds are in great shape (despite us being an older school) and that your loyalty and professionalism has always been exemplary. Thank you for also supporting all our staff and for all the things you do that are not in your job description! You will be missed.

Anne Fraser

FROM THE DEPUTY

SCHOOL PHOTO DAYS

Monday 19 & Wednesday 21 Sep – School Photos
(Thursday 22 Sep – Photos K1b & K2b only)

1) Order your photos online through Kapture’s website - your payment is secure and can be easily verified at any time. Use the online ordering code: MYPQPG. If you place your order online please DO NOT return your envelope to the photographer on photo day.

2) Alternatively you can pay by cash and return the provided envelope to the school on the photography day.

Any parent who forgets or is unable to supply their envelope on the photo day will have five (5) days to complete an order online. Late payment envelopes cannot be accepted by Kapture. You also have the option to order a sibling photo package online, however please be aware there may be a limited number of sibling orders that can be placed due to time constraints on photo day. We suggest you place your online sibling order as early as possible to avoid disappointment.

Please note sibling orders close @ midday sharp Friday 16 September 2016

Kapture offer a money back guarantee for any parent who is not fully satisfied with their photo package. Should you have any queries before or after photo day, please direct them to the Kapture office on 9240 1714 or email enquiries@kapture.com.au.

All students will be photographed individually on photo day for school administration records AS WELL as included in their class group photo available for purchase to all families. Should there be any reason why your child should NOT be included in the photo shoot—please contact the school office.

Leanne Vardy
FROM THE HEALTH COORDINATOR

Being Sun Smart

Causes of skin cancer - Australia has one of the highest rates of skin cancer in the world. Anyone can be at risk of developing skin cancer, though the risk increases as you get older. The majority of skin cancers in Australia are caused by exposure to UV radiation in sunlight.

Sunburn - Sunburn causes 95% of melanomas, the most deadly form of skin cancer. In Australia, almost 14% of adults, 24% of teenagers and 8% of children are sunburnt on an average summer weekend. Many people get sunburnt when they are taking part in water sports and activities at the beach or a pool, as well gardening or having a barbecue.

Sunburn is also common on cooler or overcast days, as many people mistakenly believe UV radiation is not as strong. This is untrue – you can still be sunburnt when the temperature is cool. Sun exposure that doesn’t result in burning can still cause damage to skin cells and increase your risk of developing skin cancer. Evidence suggests that regular exposure to UV radiation year after year can also lead to skin cancer.

Tanning - A tan is not a sign of good health or wellbeing, despite many Australians referring to a ‘healthy tan’. Almost half of Australian adults still hold the misguided belief that a tan looks healthy. Tanning is a sign that you have been exposed to enough UV radiation (from the sun or solarium) to damage your skin. This will eventually cause loss of elasticity (wrinkles), sagging, yellowish discolouration and even brown patches to appear on your skin. Worst of all, it increases your risk of skin cancer. A tan will offer limited protection from sunburn, but usually equivalent to SPF3, depending on your skin type. It does not protect from DNA damage, which can lead to skin cancer. Some people who use fake tans mistakenly believe it will provide them with protection against UV radiation. As a result, they may not take sun protection measures, putting them at greater risk of skin cancer.

Slip Slop Slap on a hat every day when you play

Mrs Corica

FROM THE PE TEACHERS

PE Equipment

Thanks to P&C fundraising, our school has purchased $1,600 worth of new sport balls.

Jodie Nolan & Larraine Peirce
Free Sport Dress – Friday 23 September
Carine Primary Student Councillors would like to invite everyone to come to school dressed in their favourite sporting colours (eg Dockers, Eagles, or any other sporting colours) on Friday 23 September. No money will be required.

Student Councillors

Friday 23 September - 1.00pm to 2.30pm
Year 6 Graduation Fundraiser

The Year 6 Students and Graduation Committee have organised lots of fun for the last day of term.

Students from Pre-Primary to Year 5 are invited to join in – activities will cost no more than 50c each.

Stalls include Guess the Lollies, Flip the Bottle and Beat the Goalie! Buy some popcorn, shoot some hoops or have your face painted! Join in the fun! Bring your small change - 20-50 cents a go!

Classrooms will have 15 minutes each at the assembly area.

ADMINISTRATION

Voluntary Contributions

Every dollar of your contribution helps our students and our school. It equates to $1.50 per week over the school attendance year. If you are unsure whether you have paid for this year or not, the Admin Office can check your record – call 9447 4266.

<table>
<thead>
<tr>
<th>Pay by either:-</th>
<th>Kindy to Year 6: $60 each student each year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bank Transfer</td>
<td>Carine Primary School Voluntary Contributions</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Cheque or Cash</td>
<td>School Admin Office</td>
</tr>
</tbody>
</table>
Next P&C General Meeting

TUESDAY 25 OCTOBER 2016 7.30PM
SCHOOL STAFF ROOM
DOORS OPEN AT 7.00PM FOR MEET AND GREET
ALL WELCOME

Entertainment Books

Thanks to all those who purchased Entertainment Books this year. We sold nearly 100 books! The school made a profit of $1,260.

SAVE THE DATE

School Disco
Friday 18 November
Beach Party Theme

School Disco – this year will be a Beach Party Theme
Session 1 – Kindy and PP: 4pm – 4.45pm
Session 2 – Years 1 – 3: 5pm to 6.30pm
Session 3 – Years 4 – 6: 6.45pm – 8.45pm
We are seeking a new person to be the lunch order contact person. This is a role with minimal requirements on a week by week basis and is simply a point of contact for Duncraig Senior High School, if required. At the start of the new school year, you will have an approx 1 hour time commitment only. If you are interested, or have any queries regarding this role, please contact Natalie via email at teamsg4@bigpond.com.

Buddy Representative Coordinator NEEDED

We are looking for a new Buddy Rep Coordinator to take over this important role from Natalie Sheridan. This role requires a good working knowledge of Excel and databases. Weeks 1 & 2 at the start of the year are quite time consuming, setting up the buddy rep system, after that it is sending out emails on an as need basis. If you are interested, or have any questions, please do not hesitate to contact Natalie via email at teamsg4@bigpond.com.

Uniform Shop
OPEN: FRIDAYS 8.15am - 9.15am

- Last Open day of the term is THIS Friday 16 September – don’t forget to get your polo shirts for School Photo days next week!
- Size 8 and 10 Zip jackets are back in stock.
- Complete an order form with payment and give to the Admin office - clothing will be delivered to your child’s class.
- Uniform Order forms are available on the school website at http://carineprimary.wa.edu.au/pc/, on the door of the Uniform Shop and in the Admin Office.
- We accept Cash, Cheque, EFTPOS with Paywave, Tap n Go (no fee) – Visa, Mastercard, American Express (1.8% fee).
- We are always happy to take donations of clean, pre-loved uniforms. Please drop them into the Uniform Shop on a Friday morning.

Volunteers to assist in the shop are always needed. If you can help in any capacity, we would love to hear from you – call Tara 0479 003 442.

Tara Gami – Coordinator

COMMUNITY NEWS

North Beach Tennis Club – School holiday sessions – 4-12 years all levels, www.katchtennis.com.au
Email: kayleigh@katchtennis.com.au
Carine Calisthenics Club – all ages; learning skills such as Singing and Dancing, Gymnastics, Flex Exercises, Simplified Ballet, Club Swinging, Marching, Folk Dance, Rod Twisting. Call Sandra 0403 078 009 or email Carine.Calisthenics@gmail.com
Pristine Entertainment Presents...

IT'S A BEAUTIFUL NOISE

Written by Ian Troye

16th September | 7:30pm
17th September | 7:30pm
18th September | 2:00pm

Carine Senior High School Performing Arts Centre

$20.00 concession $25.00 adults

Four young girls proclaim their love for singing after a chaotic music class, only they can't decide which musical style suits them best.

Their somewhat eccentric music teacher puts his own journey toward fame and fortune to one side for a brief moment to guide them in their quest to discover their personal musical nirvana.

Along the way they enjoy delightful performances of O mio babbino caro (O my beloved father), Orange Colored Sky, When You Wish Upon A Star and Step In Time, to name but a very few.

Tickets Available Here:
https://www.trybooking.com/MDQV

or call

Christine Fillis:
0439 944 854